

## Winter Break

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

**Teacher Work Day  
No School**

8

Tangerine Chicken  
with Rice  
Pretzel and Cheese Cup  
Sunshine Carrots  
Edamame

9

Sliders  
Lasagna Roll-Up  
Fruitable Juice  
French Fries

10

Chicken Nuggets  
Meatball Sub  
Mashed Potatoes  
Baby Carrots

11

Bean & Cheese Bowl  
w/Scoops  
Chicken and Waffles  
Street Corn  
Cucumbers

12

15



Stuffed Crust Pizza  
Smoothie Power Pack

16

Carrots & Celery  
Broccoli

Cheeseburger  
Calzone

17

Cool Tropics Slush  
Baked Beans

Hot Dog  
Macaroni & Cheese

18

Mini Bell Pepper  
Onion Rings

Walking Taco  
Grilled Cheese

19

Corn  
Red Potatoes

22

Hamburger  
Cheesy Bites with Marinara

Green Beans  
Tator Tots

Chicken Smackers  
Baked Potato

23

Baby Carrots  
Broccoli

Cheese Crisp  
Boneless Wings

24

Refried Beans  
Salsa

Corn Dog  
Turkey & Gravy

25

Corn  
**Apple Cobbler**



Teriyaki Chicken  
Shredded Beef Burrito

26

Asian Coleslaw  
Cauliflower with Cheese

29

Chicken Nuggets  
Breakfast for Lunch

Spinach Salad  
Hash Brown Cubes

Bistro Bag  
Chicken Drumstick Meal

30

Honey Carrots  
Corn on the Cob



Cheese Pizza  
BLT Salad

31

Cool Tropics Slush  
Broccoli



Scan for  
online  
menu

Connect with us  
on social media by  
searching "WESD  
Nutrition Services".



**THIS INSTITUTION IS AN EQUAL  
OPPORTUNITY PROVIDER.**

**Weekly: Commercial pizza served at middle schools and junior highs.**  
Whole Grain PB&J Sandwiches available daily.  
**Self Serve: Salad Bar, 100% juice, 1% white or chocolate milk**  
Breakfast and lunch are served at no cost to all students.